

National COMPETITION COACH accreditation course

13th & 14th July 2019 @ The Range, ACTA National Grounds WAGGA WAGGA

After feedback from the previous 2 competition coach courses the suggestion was to run a national course based in Wagga so that participants could share experiences from coaches from throughout Australia.

This is a 2 day Competition Coach Accreditation course being run at The Range, ACTA National Grounds WAGGA WAGGA, arrive 12th July Course 13th-14th July

Competition Coach

- Conducts group and individual coaching and training sessions to improve the development of athletes at Zone and State level
- Develops athlete training programs leading athletes from Zone to State to National level
- Is able to deliver Club Coach courses and assess Club Coaches
- When coupled with assessor qualifications able to assess other Competition Coaches

For this course you will need to have been a Club Coach for a minimum of two (2) years. This time frame may be reconsidered if recognised prior learning (RPL) and proficiency can be proven.

Along with course attendance coaches are given 12 months to complete the practical competencies required – the course provides the knowledge and skill introduction to achieve these practical competencies.

Topics covered:

- Mentoring
- Group management
- Team/Squad Monitoring
- Advanced Coaching Skills
- Mental Preparation in Athletes
- An introduction to the AIS's Gold Medal Ready Program
- Understanding Stress
- Technical resources
- Tactical Skills
- Athlete assessment
- Talent Identification
- Athlete Plans
- Daily Training environments
- Skill acquisition & enhancement

Please register your interest with Suzy Corry, National Coaching Director 0419815878 coach@claytarget.com.au or with Sue Vesperman at the ACTA office 02 6938 2121 admin@claytarget.com.au